

# RECOVERING OUR TRADITIONS

Fourth National Congress on Palliative Care

OCTOBER 28-30, 2010

MARRIOTT UNION STATION

ST. LOUIS, MO

## Who Should Attend

- ◆ Interdisciplinary palliative care team members
- ◆ Physicians
- ◆ Clinical nurses
- ◆ Home health and hospice professionals
- ◆ Long-term care professionals
- ◆ Spiritual caregivers
- ◆ Social workers and counselors
- ◆ Mission leaders
- ◆ Ethicists
- ◆ Patient care executives
- ◆ Physician and nurse educators

*Learn from experts. Earn continuing education credits. Expand your network. Be inspired.*

## About the Congress

Join us in October for *Recovering Our Traditions*, an exceptional educational conference. This unique event is grounded in the roots of the Catholic health care ministry which compel us to provide the highest quality of compassionate care for patients with life-limiting illness, especially those who are the sickest and most vulnerable.

The conference will examine current trends, recent developments and leading practices in palliative care programs across the continuum of care, offering successful growth and sustainability strategies for the next generation of palliative care services. A wide range of plenary and concurrent sessions will address timely topics, exploring physical, psycho-social, cultural and spiritual domains

of care. Participants will gain knowledge and skills in optimizing structures and processes that transform the delivery of care and contribute to high patient and family satisfaction.

With a distinguished faculty of nationally-recognized experts, *Recovering Our Traditions* blends the art and science of palliative care services. Health care professionals will learn from

innovative models of clinical excellence that will benefit their diverse ministry settings. At the same time, participants will be invigorated by a renewed sense of passion and commitment to relieve suffering and sustain hope.

See you in St. Louis!

**T***his summit inspired me as a practitioner and leader and gave me both practical and grandiose ideas about how I can transform palliative care in my organization.*

—2008 Congress participant



## Congress Faculty

MARGARET L. CAMPBELL,  
PhD, RN, FAAN

MARY ANN COLLINS,  
MSHA

SR. PETER LILLIAN DIMARIA,  
O. CARM

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JOAN TENO,  
MD, MS

MARTHA TWADDLE,  
MD, FACP, FAAHP

...AND OTHERS!

## Our Mission

*We are a coalition of  
Catholic health ministries,  
informed by our faith and  
values, which through  
knowledge transfer, advocacy,  
and partnerships, advances  
excellence in palliative care.*

## Partial Program Content

- ◆ Educating long-term care staff in palliative care
  - ◆ Symptom management for cognitively impaired patients
  - ◆ Milbank long-term care project
  - ◆ Palliative care in the context of Catholic health care and the Catholic moral tradition
  - ◆ Catholic response to physician-assisted suicide requests
  - ◆ Personal and team self-care plans
  - ◆ Improving the quality of spiritual care as a dimension of palliative care: consensus recommendations
  - ◆ Soul-centered healing: meditative practices for patients, primary caregivers and health professionals
  - ◆ Healing grief with music
  - ◆ Advancing palliative care into the future
  - ◆ Addressing spiritual pain
  - ◆ Responding to vulnerable populations
  - ◆ Impact of chronic disease and long-term care on palliative care, present and future
  - ◆ Interdisciplinary team dynamics and improving team function for patient/family care
  - ◆ Pain management for palliative care and end-of-life patients
  - ◆ Palliative care quality measures
  - ◆ Cardinal Glennon Footprint Families panel
- ...and more!

*Continuing education credits in multiple disciplines are pending.*

## For More Information

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